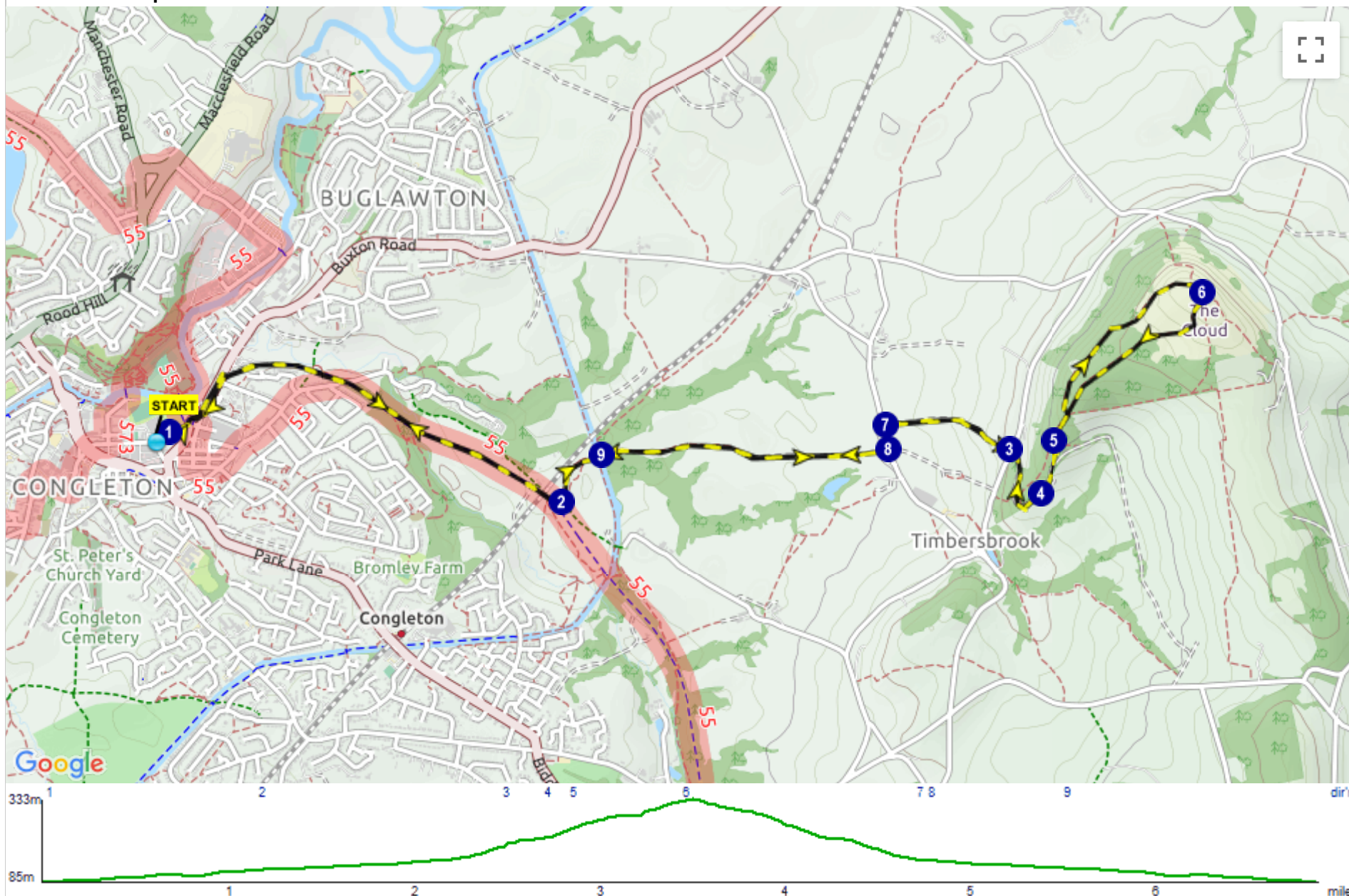


Cloud Handicap route : 6.89 miles



DISTANCE DIRECTIONS

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| 1 | 0.04
miles | Start alongside the Leisure Centre and through the park to Buxton road. Continue and cross the road to run along the Biddulph Valley way. |
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| 2 | 1.19
miles | After passing under the railway arches and gate turn left up the steps and turn left again at the top. Follow the path to the canal bridge. |
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| 3 | 2.51
miles | Go straight over Tunstall road onto Gosberryhole Lane. |
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| 4 | 2.73
miles | Continue up Gosberryhole Lane bearing left up towards the Cloud past the National Trust sign. |
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| 5 | 2.87
miles | At the wooden gate where the path through the woods comes down, bear left around the side of the Cloud and follow the path to the summit. |
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| 6 | 3.48
miles | At the top take the path down towards the woods. Follow the path through the woods to the wooden gate and retrace your steps to the Leisure Centre |
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| 7 | 4.74
miles | Go up Acron Lane to the top to Tunstall Road. |
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|----------|-----------------------|-------------------------------------------------------------------|
| 8 | 4.81
miles | Turn left onto Acorn Lane on the right after a few hundred yards. |
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| 9 | 5.54
miles | Cross the canal bridge and follow the path onto the field. Follow the path to the right of the field down to a dip through some trees and up the other side. Then follow the path to a metal gate. Go through the gate into a farm track and then to the next gate onto Weathercock Lane. |
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