

# 23<sup>rd</sup> CLOUD NINE HILL RACE

11.00am, SUNDAY 7<sup>th</sup> MARCH 2010



A scenic and challenging off-road race from Congleton to the summit of Bosley Cloud (1125') and back, via the ancient Bridestones (c. 2000 BC).

Organised by CONGLETON HARRIERS under FRA rules.  
[www.congleton-harriers.co.uk/cloud9](http://www.congleton-harriers.co.uk/cloud9)

Distance 9 miles, ascent of 1250' (BM)  
Souvenir T Shirts for sale  
Free parking - PLEASE CAR SHARE WHERE POSSIBLE!!!  
Showers and changing facilities  
Registration : Leisure Centre (CW12 1DT or SJ862632)

Free soup & roll to all finishers  
Snacks and hot drinks available  
Well marked and marshalled course  
Secure baggage store  
Start : Brunswick Wharf (CW12 1RG or SJ865634)

## PRIZES (only 1 prize to be awarded per entrant)

Men: 1<sup>st</sup> 10, 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> V40, 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> V45, 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> V50, 1<sup>st</sup> V55, 1<sup>st</sup> V60, 1<sup>st</sup> V65, 1<sup>st</sup> V70  
Ladies: 1<sup>st</sup> 6, 1<sup>st</sup> & 2<sup>nd</sup> V40, 1<sup>st</sup> & 2<sup>nd</sup> V45, 1<sup>st</sup> V50, 1<sup>st</sup> V55, 1<sup>st</sup> V60, 1<sup>st</sup> V65, 1<sup>st</sup> V70  
Teams: 1<sup>st</sup> Men's Team (3 to count, wearing Club Colours)  
1<sup>st</sup> Ladies' Team (3 to count, wearing Club Colours)  
Overall: 1<sup>st</sup> local unattached Man, 1<sup>st</sup> local unattached Lady (Congleton Borough)

SPONSORED BY:

**SIEMENS**  
CARE AND SHARE TEAM



Please note all race numbers must be collected from registration on the day of the race. Due to capacity and landowner constraints, we can no longer guarantee to accept all on-the-day entries so would strongly recommend pre-entry. Further information on how many entries are left will be posted on our website closer to race day.

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|                           |                      |                          |                      |               |                      |
|---------------------------|----------------------|--------------------------|----------------------|---------------|----------------------|
| Full Name                 | <input type="text"/> | Age on Race Day (min 18) | <input type="text"/> | Male / Female | <input type="text"/> |
| Address & Post Code       | <input type="text"/> |                          |                      |               |                      |
| Email address             | <input type="text"/> | Telephone                | <input type="text"/> |               |                      |
| Club Name (if applicable) | <input type="text"/> |                          |                      |               |                      |

Entry Fees £5 in advance or £6 on the day

I understand that this race is held in accordance with both the Rules & Safety Requirements of the FRA. I confirm I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or my property arising out of my participation in this race.

Signed  Date

Closing date for pre-entry if entry limit not already exceeded: **Monday 22<sup>nd</sup> February 2010** (Postal entries after this date will be returned to sender)

All cheques payable to "Congleton Harriers". Race numbers can only be collected on the day from registration. Please specify an email address if you require entry confirmation.

Entries to: Cloud 9 Race Secretary, 9 Higginson Close, Congleton, Cheshire, CW12 3SU  
Enquiries to: [cloud9@congleton-harriers.co.uk](mailto:cloud9@congleton-harriers.co.uk)